**8th Grade**

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Description automatically generated**Physical Education Syllabus**

**Coach Darrin Shine**

**Email:** [***shineda@boe.richmond.k12.ga.us***](mailto:shineda@boe.richmond.k12.ga.us)

**Room # GYM**

**Remind: @8thgpe**

**Welcome Panthers! I hope that you had an amazing Summer. I am extremely excited to start this school year with each of you. There are only three things that I will require of you and that is respect, positive attitude, and effort. Look forward to being your instructor and eager to kick off a successful year!**

**Course Overview**

**36.00900 Course Description:**

**Students perform mature movement patterns and sequences that demonstrate the ability to use complex or specialized skills and tactics. The physically educated student has developmentally appropriate grade-level comprehension and application of the concepts and principles of fitness, motor skills, movement patterns, tactics, and strategies which contribute to a physically literate and active lifestyle.**

**Unit 0: PE Orientation & School Bus Safety \*Required within first 20 days of school**

**Unit 1: Let’s Get Moving and Instant Activities**

**Unit 2: Net/Wall Games (Volleyball and 4-Square0**

**Unit 3: FitnessGram/PYFP Unit Intro to Fitness and Goal Setting (Pre-Assessment)**

**Unit 4: Invasion Sports and Games Ultimate Frisbee, Team Handball/Speedball**

**Unit 5: Striking and Invasion Sports/Games (Floor Hockey and Cooperative Games)**

**Unit 6: Rhythmic Fitness (Fitness Assessment, Jump Rope, and Dance)**

**Unit 7: Striking Skills Racquet Play (Fitness Assessment and Pickleball/Badminto)**

**Unit 8: Ready for Spring! (The OPEN 8 Challenge & Adventure Mile)**

**Physical Education Rules:**

1. **Students will follow arrival and dismissal procedure.**
2. **Students should ask a Coach for permission before leaving the gymnasium.**
3. **Respect fellow peers and gym equipment.**
4. **Cell phones should ONLY be used at Instructor’s discretion.**
5. **Ensure proper hygiene is practiced.**

**Dressing Out is optional but Participation is a REQUIREMENT. The proper attire includes the following:**

1. **Tennis shoes must be worn and tied.**
2. **Shorts must be worn at the waist (boys).**
3. **Shorts must come to finger tips (girls).**
4. **Shirts must be appropriate for school.**
5. **No KROCS**

**LaunchPad, Canvas, and Textbook**

* Launchpad is our single sign on platform. All the apps/webtools that students will access throughout the school year, in all their courses, can be found here. You may also download the Classlink app to your device to access Launchpad from your phone or tablet.
* Our learning management system, Canvas, can be found in each student's Launchpad. The courses they are registered for will be displayed on the Dashboard in Canvas. Click on each course to find announcements, assignments, and all online instruction. You may also download the Canvas app for parents and the Canvas app for students to your cell phone or tablet.
* Textbook

**Materials List**

* Binder or notebook for note taking.
* Pen or pencil
* Changing clothes is optional
* Laptop

**Grading Policy**

6th-8th grade student performance will be recorded and reported in all courses by numerical grades, based on a 100-point scale.

* Calculation of Final Grades Final grades will be determined by the cumulative semester average using the following criteria:
* **Minor Grades** = 60% Examples include quizzes, labs, and other graded assignments to assess certain standards in a unit of study. Minimum number of minor grades per 6-week progress report period = 5